

4.5.7 Frequently Asked Question (FAQs)

1. What are the activities the Senior Citizen Division of NISD does?

Ans. The Senior Citizen Division of NISD undertakes a variety of activities, which include:

- I. Awareness/Sensitization Programmes
- II. Capacity Development Programmes including TOT: Geriatric Care Providers Training Course (NCVET approved), One Month Advanced Courses, One Year PG Diploma Courses.
- III. Conference/Workshops / Seminars/Consultations
- IV. Outreach Programmes like Health Camps, Digital Literacy etc.,
- V. Research Activities on Elderly Issues
- VI. Special Events - Observation & Celebration of International Days

2. List of places where training programmes are conducted?

Ans. Training programmes are implemented nationwide through Regional Resource Training Centres (RRTCs) and Other Collaborating Agencies (OCAs).

3. Are the training programmes free of cost?

Ans. Yes, all training programmes under NISD are offered free of cost.

4. Who are the beneficiaries of the training programmes conducted by NISD?

Ans. The beneficiaries of the training programmes conducted by NISD are the following:

- i. Senior Citizens (Majorly)
- ii. Family Member of Senior Citizens
- iii. Grant In Aid Institutions supported by the Ministry/ State Government
- iv. Healthcare Workers
- v. Police Personnels
- vi. NGO Functionaries
- vii. Academicians
- viii. Research Scholars
- ix. Policy Makers
- x. University/College Students
- xi. School Students

5. Are there any training programmes for Family Members of Senior Citizen?

Ans. Yes, there is a training programme for Family Members of Senior Citizen called as Five (5) Days outreach Programme for the family members on Primary Care.

6. Are there any training programme on Dementia Care & Management?

Ans. Yes, there is a training programme on Dementia Care & Management called as “Three days Residential Training Programme on Dementia Care and Management.”

7. How can the Citizens attend the training programmes funded by NISD?

Ans. Interested individuals can visit NISD website for getting an updated training calendar regarding the venue & date of the programme.

8. What kinds of programmes are undertaken by NISD?

Ans. The following kinds of programmes are undertaken by NISD:

- I. Awareness/Sensitisation programme
- II. Residential/Non-residential Training Programme
- III. Conference/Workshops / Seminars/Consultations
- IV. Outreach Programmes
- V. Special Events

9. What all topics are covered in Awareness/Sensitisation programmes?

Ans. The topics which are covered in Awareness/Sensitisation training programmes are as follows:

- I. MWPSA Act, 2007
- II. Inter-generational Bonding in Colleges & Schools
- III. Digitalisation & Cyber Security
- IV. Holistic Health including Yoga, Natural Therapy & Physiotherapy
- V. Diet and Nutrition
- VI. Awareness Programme on Common Physical & Mental Health Issues among elderly

10. What all topics are covered in Residential/Non-residential Training Programme?

Ans. The topics which are covered in Residential/Non-residential Training Programmes are as follows:

- I. Three days Residential Training Programme on Basic Geriatric Care
- II. Three days Residential Training Programme on Geriatric Counseling
- III. Three days Residential Training Programme on Dementia Care and Management
- IV. Three days Residential Training Programme on Yoga for Senior Citizens, Physiotherapy, Naturopathy etc.
- V. 3 days Training Programme on Music Therapy and other related therapies.
- VI. 3 days Training Programme on Common Health Problems/issues and Importance of immunization schedule among Sr. Citizens (Residential/Non-residential)

11. What all topics are covered in Conference/Workshops / Seminars/Consultations?

Ans. The topics which are covered in Residential/Non-residential Training Programmes are as follows:

- I. Two Days National Level Conference/Workshops / Seminars on Elderly Issues
- II. Two Days State Level Conference/Workshops / Seminars on Elderly Issues

12. What all topics are covered in Outreach Programmes?

Ans. The topics which are covered in Outreach Programmes are as follows:

- I. Health Camp
- II. Digital Literacy
- III. Meditation/Spiritual Camps
- IV. Five (5) Days outreach Programme for the family members on Primary Care
- V. One Day Inter-generation Mela /Traditional Fashion Shows

13. What all Special Events are Observed & Celebrated in NISD?

Ans. The following Special Events are Observed & Celebrated in NISD:

- I. World Elder Abuse Awareness Day
- II. International Day of Yoga
- III. World Alzheimer's Day

IV. International Day of Older Persons

14. Are the programmes online or offline?

Ans. The Programmes are majorly offline but few programmes are conducted online as well.

15. Are there online training programmes? What are they?

Ans. Yes, online training programmes are conducted by NISD. The online training programme is on Elderly Issues

FAQs on One Year PG Diploma Course in Integrated Geriatric Care

Q.1. What are the different long term courses under Senior Citizen Division of NISD?

There are two types of long term Course of Senior Citizen Division of NISD:

- I. One Month advance Course on Palliative & Hospice Care.
- II. One Month advance Course on Dementia Care.
- III. Three-month Certificate Course in Geriatric Care for Bedside Assistance.
- IV. One-year Postgraduate Diploma in Integrated Geriatric Care (PGDIGC).

Q.2. When was the first one year PG Diploma in Integrated Geriatric Care launched?

The first one year PG Diploma in Integrated Geriatric Care launched on 1st October 2003.

Q3. What is the class timing and the requirement of attendance for completing the course?

The class timing is 10.00 AM to 4.00 PM. Minimum 80% of attendance is required for giving final examination.

Q.4. What is the eligibility for one –year PGDIGC?

Graduation from a recognized University.

Q.5. What is the total Hrs and Credit Points of the Course?

The total Hrs of the course is 950 Hrs and it has 42 credit point.

Q.6 .What is the course curriculum of one year PGDIGC?

The course curriculum includes Multidisciplinary Perspectives on Social Gerontology, Health & Ageing, Planning for Services In Geriatric Care, Management of Care-Giving In Public Institutions and Home Care, Introduction to Gerontological Research Methodology Policies and Programmes for Care of Elderly and Senior Citizens and Role of Gerontological Social Work Practitioner,

Q.5. What are the main academic inputs under one-year PGDIGC?

(i) Class Presentation (ii) Orientation visit to Age Care Institutions (iii) Group Report (iv) Concurrent Field Visit (v) Placement

Q.7. What are the career opportunities for one-year PGDIGC?

The students on successful completion of these courses can find jobs in the Govt. or Non-Govt. Institutions working for old age care as:

- ≈ Project Director and Programme Managers
- ≈ Social Protection Officer in Helapge India
- ≈ HRD Professionals
- ≈ Counselors and Consultants in Community Based Organizations
- ≈ Associates with Residents Welfare Association (RWA)
- ≈ Welfare Officers / Middle level Professional in Hospitals/Nursing Homes.

FAQs on Three Month Certificate Course on Geriatric Care for Bedside Assistance

Q.1. What is the eligibility of Three- month course?

- (a) Minimum qualification of 10th pass. Exception to be made to an extent of 10 % (2 students in a batch of 25) for deserving candidates who have educational qualification of 8th pass.
- (b) Minimum age limit with 18 years (in completed years).
- (c) Should have a valid Aadhar card.
- (d) Should not be indulged in any substance abuse.
- (e) Should have documentary proof of age and residence.
- (f) Police verification (optional)
- (g) Should have a valid education proof.

Q.2. What is the course curriculum of Three Month Course in Geriatric care?

- i. Geriatric/Elderly Care- Introduction
- ii. Body system, functions and related problems in Elderly
- iii. Mental health issues/concerns in Elderly
- iv. Communication, Empathy & Companionship
- v. Infection and control
- vi. Nutrition
- vii. Positions, comfort devices and assistive devices
- viii. Caring procedures

Q.3. What is the course duration?

- (i) Minimum 420 hours including theory, practical and soft skill.

Theory*	Practical	Field Exposure**	Soft skills / Communication	Assessments (weekly/monthly/ final)	Total
120 hours	120 hours	120 hours	40 hours	20 hours	420 hours

* Including three orientation field visits – Elderly home/hospital/Care centers (Dementia/physiotherapy/yoga/etc.)

** Field exposure / On Job Training: 30 days at hospital/reputed care homes – posting in wards to Handled patients under supervision.

Q.4. What are the main academic inputs under Three Month Course in Geriatric care?

Orientation visits to Senior Citizen Homes, Around 40 nursing practical demonstrations, One Month Internship in Hospital, submission of log book, Placement through campus interview

Q.5. What are the career opportunities for six-month course?

Career opportunities may be available in the form of:

- Home Care
- Social worker
- Emergency relief worker
- Health worker
- Project assistant
- Physiotherapy Assistant
- Assistant- Mobile- Medicare unit.
- Nursing Assistant
- Home Nursing Assistant